

The Ox Races 2021

Frolic - Threes



Name/Team	Club	Laps	Distance (km)	Slowest Lap	Average Lap	Fastest Lap	Last Lap
1. 3 chicks and a cock - 10 laps - 107.5km - 11:56:48							
Paula Mcque	Dunedawg	3	32.25	01:25:01	01:18:12	01:13:44	01:15:52
Kate Harman	Kings Forest Canicross	3	32.25	01:20:46	01:12:19	01:05:02	01:20:46
Danielle Rackham	Dunedawg	4	43	01:07:09	01:06:17	01:05:42	01:07:09
2. It's Better With a Beagle - 8 laps - 86km - 11:56:24							
Debbie Eddings	Dunedawgs	2	21.5	01:28:35	01:22:19	01:16:02	01:28:35
Mary Knapp	Kings Forest Canicross	3	32.25	01:42:19	01:33:18	01:27:10	01:42:19
Fiona Silk	Bad Boy Running	3	32.25	01:56:34	01:30:36	01:16:31	01:56:34
3. Who The F**k Is Alex James? - 5 laps - 53.75km - 05:57:11							
Louisa Heathcote		1	10.75	01:15:14	01:15:14	01:15:14	01:15:14
Simon Thatcher	Lonely Goat RC	2	21.5	01:08:08	01:05:07	01:02:06	01:08:08
Nikki Smith		2	21.5	01:18:24	01:15:51	01:13:18	01:18:24
4. Rachel, Susie & Kate - 4 laps - 43km - 06:29:22							
Rachel Charrett	Solent Running Sisters	1	10.75	01:50:30	01:50:30	01:50:30	01:50:30
Susie Blackburn	Solent Running sisters	1	10.75	01:36:57	01:36:57	01:36:57	01:36:57
Kate Marsh	Solent Running Sisters	2	21.5	01:33:25	01:30:57	01:28:29	01:33:25
5. Fellowship of the Run - 3 laps - 32.25km - 03:27:39							
Steve Brown	Bitton Road Runners	1	10.75	01:00:36	01:00:36	01:00:36	01:00:36
Claire Bradshaw		1	10.75	01:28:42	01:28:42	01:28:42	01:28:42
Chris Brown	Bitton Road Runners	1	10.75	00:58:20	00:58:20	00:58:20	00:58:20
6. Amy Westwood's Team - 3 laps - 32.25km - 04:48:26							
Amy Westwood		1	10.75	02:01:11	02:01:11	02:01:11	02:01:11
Tracy Westwood		1	10.75	01:13:12	01:13:12	01:13:12	01:13:12
Sarah Evans		1	10.75	01:34:02	01:34:02	01:34:02	01:34:02

